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| **Lead Self**  **Day One**  **Session Two: Decision Making for Vision to Action** | |
| **Purpose:**  The purpose of this session is to engage in action planning for self-direction and achievement by thinking, defining, and developing an action plan based off a personal vision statement that specifically identifies and stresses individual goals at a personal and professional level. It is a process of setting an action plan in place to achieve one’s vision of individual achievement. | |
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| **Instructional Strategy**  The instructor’s role in the seminars is to facilitate Socratic styled discussions, group work and activities. Key in Socratic teaching is the focus on giving students questions, not answers. Seminars are designed to challenge students with specific pre-session readings, limited lectures, and seminar interaction. Students engage in seminars by reflecting on assigned readings, taking notes during limited lecturing, and fully participating in seminar and group discussions. The intent of the readings, lectures, and seminar interactions is to reinforce the session learning objectives.  Though the emphasis is on the Socratic method, there are periods of time when a more traditional teacher to student role will be used. This is partially due to limited knowledge or experience some of the students have in the leadership theory and practice. Another factor is the reality that not all students will do the pre-session readings and therefore not fully prepared to engage in the group discussions. | |
| **Learning Objectives:**  1. Define and develop your personal vision statement  2. Identify and prioritize goals  3. Construct and apply an action plan | |
| **DoD Competencies** | * Interpersonal Skills * Problem Solving * Oral communication * Written Communication |
| **Evaluation Methodology** | * Student participation and discussions * Group activities (3) and sharing knowledge |
| **Instructor Preparation** | **Before Session:**   * Review Session Two references, slides with notes, and session readings for seminar discussions. * Check classroom for suitability. * Check all equipment and media operability. * Provide student materials (print reading materials if applicable).   **Prep Videos:**   * <http://www.youtube.com/watch?v=QDmt_t6umoY> * <https://www.youtube.com/watch?v=AQe_tBHTJHs> * <https://www.youtube.com/watch?v=_vE9Zq7Gs-U> |
| Session Requirements  Pre-session: | **Student Readings:**   1. Action Planning (U of Kent--Internet) 2. Create your Personal Vision Statement (Heathfield) 3. OODA Loops: Understanding the Decision Cycle 4. How to Identify Your Goals (Tracy) 5. Smart Goals (Internet) |
| In-session: | **PPT Slides with embedded videos and instructor notes.**   * The questions embedded in the slides have been prepared for seminar   discussions. Instructors are not limited or restricted to these questions. The key  point of the embedded questions is that they are derived from the readings.   * There will be further questions and discussions generated during the interaction between the instructor and seminar students. * Because there are a set number of slides designed to meet the learning objectives for the session, the instructor will have to exercise effective time-management to keep on target. In the event time is running out, the instructor needs determine what remaining information can be covered. Key is not to run out of time, but if that happens, then save enough time to conduct a summary, and do not exceed the time limit. |
| Post-Session: | * Check classroom to make sure all trash and materials are collected and/or disposed. * Note any issues * Prepare for next session (check video links for next session) |
| References: | In addition to the student readings, suggest the following readings for the instructor. Instructors are not limited to what other sources they desire to refer to. However, it is not recommended that any additional readings be required of the students. Certainly, referring students to supplemental readings is a wise move.   * Adler, R. B., & Rodman, G. (2009). Understanding human communication (4th ed.).   New York: Oxford University Press.   * Bennis, W. C. (1989). On becoming a leader. Cambridge: Perseus Books. * Bryant, A., & Kazan, A. (2013). Self-Leadership: How to become a more successful,   efficient, and effective leader from the inside out. New York: McGraw Hill.   * Decision-Making Solutions (2017). Choose a personal vision statement to guide your   important life decisions. From Internet (19/Jan/2017) URL: <http://www.decision-making-solutions.com/personal_vision_statement.html>.   * Frankl, V. E. (2006). Man’s search for meaning. Boston: Beacon Press. * Gardner, C. (1994). The pursuit of happiness. New York: HarperCollins Books. * Maxwell, J. C. (1993). Developing the leader within you. Nashville: Thomas Nelson. * Kerr, J. (2015). Legacy: What the all blacks can teach us about the business of life.   London: Constable & Robinson Ltd.   * Pink, D. H. (2000). Drive: The Surprising truth about what motivates us. New York:   Riverhead Books.   * Sinek, S. (2009). Start with why: How great leaders inspire everyone to take action.   New York: Penguin Group books.   * Setting and Achieving Personal Goals. Extracted from Internet:   http://www.muskingum.edu/~cal/database/general/monitoring3.html   * Unknown, (2015). Action plan template to build a successful plan. (Internet) |